

# You're Invited!

## Free Cooking Classes

Join us as we learn simple skills and affordable recipes from the New York Times bestselling cookbook "Good and Cheap."

Participants receive a free copy of the cookbook, enjoy a freshly cooked meal and go home with a bag full of ingredients.

**4:30 – 6:30 p.m. every fourth Wednesday** (some exceptions)

**RSVP** to Esther Magasis at [emagasis@jfsseattle.org](mailto:emagasis@jfsseattle.org) or call (206) 861-3174 for more information.



### JANUARY / JULY

Vegetable jambalaya and cornmeal crusted veggies

### FEBRUARY / AUGUST

Hummus with carrots and creamy zucchini fettuccine

### MARCH / SEPTEMBER

Tomato soup and grilled cheese

### APRIL / OCTOBER

Taco salad and green chili cheddar quesadillas

### MAY / NOVEMBER

Spicy green beans and bubble and squeak

### JUNE / DECEMBER

Salad and pizza with homemade dough

