

HEALTHY
FOOD
FOR ALL



JFS

Polack Food Bank

- About 1,300 households rely on the Polack Food Bank each month.
- The Polack Food Bank serves vulnerable people in surrounding neighborhoods and anyone in the Puget Sound region's Jewish community.
- Our Home Delivery program brings food to frail elders and others who cannot travel to the Polack Food Bank.

WHAT TO BUY

- Canned Goods
- Grains & Pastas
- Toiletries*
- Proteins (Tuna & Peanut Butter)

***You can help families by donating these necessities, too!**

Diapers (Sizes 3-5) • Toothpaste • Shampoo

NO GLASS CONTAINERS • NO OPENED PACKAGES • NO EXPIRED FOOD



JEWISH **FAMILY** SERVICE
(206) 461-3240 • jfsseattle.org

#WeAreResolved